

TAPPING For HUMANITY

Spring, 2014

Humanitarian Work With
Thought Field Therapy...
"Changing the World One
Thought at a Time"

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January 2014 Uganda Trauma Relief Mission

TFT Foundations, USA and UK – 2014 and Beyond

Each year we find ourselves expanding our outreach with TFT in all of our goals, humanitarian relief, research and education

The IZERE Center in Byumba and the TFT Center in Kigali, Rwanda have both expanded their outreach to cover more of Rwanda, assist in Uganda and begin new training and treatment centers in the Congo. The four trainers in Rwanda are living out our hopes and dreams for the spread of TFT – sharing it with families, patients, schools and youth, handicapped children, prisons and the victims of war in the Congo. The IZERE alone treated 4429 cases in 2013. See a report of all that our dedicated Rwandan TFT Trainers are accomplishing.



Our Ugandan trauma relief team is working hard to establish a base of TFT practitioners and trainers like we have in Rwanda. We are building a bridge between our Rwandan and Ugandan trainers, expanding our TFT network across Africa. Roger Ludwig paints a beautiful picture as he shares their trip last January to do the follow up for our 2012 PTSD study.

We are eagerly awaiting the completion of our **“From Trauma to Peace”** documentary, sharing the above work in Africa as we validate a model for large scale trauma relief through research, treatment and education. Our hope is to allow this documentary to create a global awareness to using TFT for healing and creating peace. Our new trailer is online now – www.TFTFoundation.org.



Four of our foundation board members shared our documentary and trauma relief work with many new, like-minded people at the Wisdom 2.0 Conference in early February. Suzanne had the opportunity to ask Rwandan President Paul Kigame for support for our trainers in Rwanda in the form of an office and he said yes. Great work Suzanne!

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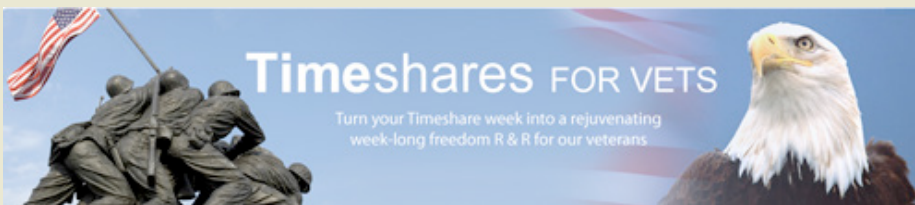


Foundation board member Suzanne Connolly has stepped forward and joined ACEP's board in order to better facilitate the inclusion of TFT into their programs and conference. I, Joanne Callahan, have joined their task force chaired by John Diepold for broadening EP within the APA. Advocacy is vital for furthering our field with education, research, funding opportunities and acceptance by mainstream health care.

Bob Bray has just submitted for SAMSHA approval within the military and ACEP's John Freedom is submitting for NREPP. We are all working together to further EP acceptance within the military health system. There are many, who dedicate long hours to accomplish this.

Suzanne Connolly, Jenny Edwards, and others have designed a Vet Peer to Peer PTSD study. It is based on the Model for Large Scale Trauma

Relief we have successfully used in Rwanda and Uganda. We are currently seeking funding for this study. I, Joanne, spoke briefly with Congressman Tim Ryan at the Wisdom 2.0 Conference asking for support for our work. He has begun conversations with us. He is also sponsoring a bill HR 34516, Veterans and Armed Forces Health Promotion Act of 2013 which would add alternative health care to treatment options for veterans among other things.

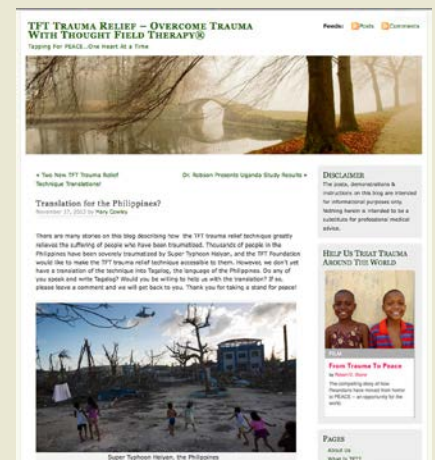


The Freedom R & R's, Timeshares for Vets, program is still helping vets. We have placed 50 vets and families but still have over 100 waiting. If you have a timeshare week you can donate or shipping funds for the free PTSD books we send them please contribute. Bob Bray and Callahan Techniques, Ltd. have been donating their books to these vets for over 5 years.

The TFT Foundation's Trauma Relief Committee is offering their services to serve as a resource to others wanting to provide trauma relief using Thought Field Therapy.

The Trauma Relief blog site, cared for by Mary Cowley, has had over 97,053 views and is growing in followers and languages. Tagalog is our latest addition.

Much is going on. This issue elaborates on everything. Please join us in using TFT to help others. Joanne Callahan, President, TFT Foundation



The Power of One

In a historic and courageous decision, The Board of the Association for Thought Field Therapy (ATFT) voted to merge with the Association of Comprehensive Energy Psychology (ACEP), three years ago. Much has happened since that merger.

After much work and many months, ACEP now has APA approval for trainings sponsored by ACEP. This would mean TFT presentations under the umbrella of ACEP, at ACEP Conferences and events will have continuing education credits available for psychologists in addition to other licensed practitioners.

This year Suzanne Connolly, LCSW was encouraged to submit a proposal to present two-day pre-conference algorithm training. The proposal was accepted and because this training will have APA approval, this will be a landmark for TFT and hopefully set a precedent for the future.

Pre-conference events are designed to financially help support the annual ACEP Conference. Consequently, in order for ACEP to continue sponsoring TFT pre-Conference events, this pre-conference TFT Algorithm training will need to be well attended. The pre-conference will not only provide continuing education credits, but it will help even experienced TFT practitioners update their skills in using TFT with couples and families, using TFT to deal with a variety of sexual issues, specific techniques for working with disorders of attachment and more. There will also be discussion of Polyvagal theory and how TFT fits in with this theory in the treatment of trauma. The training will be



presented with the new format the and new training manual.

Last year Suzanne was voted to be on the ACEP Board of Directors and she also agreed to assist the ACEP Humanitarian Committee as a Committee member and consultant. Her goal for this year is to increase the number of TFT practitioners who become ACEP members and attend the yearly ACEP Conference. The more TFT practitioners are represented at ACEP, the stronger the TFT presence will be. She strongly believes that we will all accomplish more if we work together.

Since ATFT merged with ACEP, the membership has honored Roger twice as the Founder of the Energy Psychology movement. Two years ago ACEP awarded TFT Practitioner Caroline Sakai, Ph.D. the Humanitarian of the Year Award for the study she pioneered in 2006 and 2007 at El Shaddai Orphanage. This year Suzanne

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Connolly was awarded the Researcher of the Year award for the 2008 and 2009 studies in which she served as principle investigator.

The ACEP membership has been most welcoming to those who practice TFT exclusively. ACEP has accepted all proposals, to present day long pre-conference sessions. Suzanne presented one and Bob Bray, Ph.D. was scheduled to present one. Joanne Callahan presented special sessions as an invited speaker two years in a row.

ACEP has accepted, to the best of knowledge, all TFT proposals for Conference breakout sessions: Suzanne has presented three breakout sessions in various years; two with Caroline Sakai; Caroline presented again at the 2013 Conference. Bob Pasahow, Ph.D. has presented twice on the difference between TFT and EFT. Bob Bray and others have presented

at break-out sessions. Howard Robson and Phyll Robson from the UK presented on their work, both in Haiti and in Uganda on the research days at the last two conferences. They will be presenting again this year at the Conference in Phoenix. TFT has become a welcomed presence at ACEP.

Despite ACEP members' openhearted acceptance of TFT since the merger, there are at present, only a small group of TFT practitioners representing TFT at these ACEP Conferences. Those who do attend, find that connecting with one another during the day, sharing meals, and dancing at the Conference party/awards dinner, helps them to get to know each other on a deeper level, share experiences and renew their enthusiasm for TFT. It is hoped that even more TFT practitioners will join those already enjoying the Conference each year.



ACEP Board Approves Task Force!

The ACEP Board has sanctioned a Task Force to explore ways that EP members can more fully participate in the American Psychological Association (APA), and to bring energy psychology methods and models into this larger professional arena. The inverse would also be true in that interested APA Members could become more informed and involved with ACEP; a win-win situation.

Because the APA is an organization of psychologists, we are requesting our EP member **psychologists** to inform if you are a Member of APA and if you are a Member of Division 29 (Psychotherapy). This is important, as we need to work through our APA Members in getting an assessment of how many voices we already have.

If you are a psychologist, please email John Diepold (jdiepold1@verizon.net) regarding:

1. Are you a member of APA?
2. Are you a member of Division 29?
3. If not an APA member, would you consider joining?
4. If not a member of Division 29, would you consider joining?

Thank you for your attention and response to this much-needed information!

Join Suzanne Connolly for the New Algorithm Training Format, Get CE's, and Enjoy the Annual ACEP Conference in June

The Association of Comprehensive Psychology (ACEP) is sponsoring a two day TFT Algorithm Training as a pre-Conference workshop taking place on May 28th and May 29th. There will be continuing education credits for Psychologists, Social Workers, Marriage and Family Therapists, Counselors and Registered Nurses. You can sign up for this training and find out more on the ACEP website at: www.energypsych.org

Click on 16th annual Conference, then click on Register, then TFT Pre-Conference Workshop. There is an early bird special.

Suzanne is including a copy of her book and for current trainers, they will get a copy of her revised powerpoint presentation (178 slides) which includes, twenty three research slides, 7 Using TFT with sex therapy slides which can be used at trainings or not depending on your market, and 57 TFT in Rwanda history slides.

Support and represent TFT in this ACEP Conference. Be there!

[Click here for details.](#)



First ACEP Sponsored Pre-Conference
Thought Field Therapy (TFT)
Algorithm Training and More
presented by
Suzanne Connolly, LCSW, LMFT

May 28th and May 29th
Sheraton Wild Horse Pass Resort
Chandler, AZ

TFT

- Learn the simple, easy to use, basic TFT algorithm and how to add specific treatment spots for specific problems.
- Learn how to combine TFT in the context of couples therapy, sex therapy, the treatment of negative self-assumptions and dysfunctional beliefs.
- Learn how Polyvagal theory provides the missing link and reinforces our understanding of the treatment of trauma.
- Learn how TFT can work with pre-verbal childhood trauma.

Suzanne has taught thousands of professionals and non-professionals worldwide to use Thought Field Therapy (TFT), a type of acupressure or Energy Psychology (EP) that can relieve many psychological problems quickly and effectively. Her on-going work in Africa, training community leaders to treat victims of genocide and other traumas, has led to several studies, three of which has been published in peer reviewed journals.

Open to all professionals (12 CE's)

- Drug & alcohol counselors
- LMFTs
- Nurses
- Professional counselors
- Psychologists
- Social workers

All attendees will receive:
Free frame-able certificate of completion
Free copy of Thought Filed Therapy
Clinical Applications by Suzanne Connolly
Free set of power point slides
(over 200) available to EP teachers

Suzanne maintains a private practice and is licensed as a
Clinical Social Worker, Marriage and Family Therapist,
Independent Substance Abuse Counselor
and ASSET Diplomate of Sex Therapy.



How Effective Has the TFT Foundation Been in Rwanda?

What have your contributions and our dedicated TFT trainers and practitioners accomplished last year? How many lives have we impacted? The IZERE provided us with a yearend report for 2013. We are both delighted and humbled by what they have been able to accomplish – and on a shoestring.

ACHIEVEMENTS OF TFT IZERE RWANDA IN 2013

1. TFT work in general:

- 4th/01/2013: the general meeting of the therapists
- 7th/01/2013: committee meeting
- 12th/01/2013: TFT community day
- 17th/01/2013: TFT evaluation day and filming (with local authorities, and clients)
- 19th/01/2013: Meeting of the traumatized people because of the HIV/ Aids and we formed their association
- Meeting with different group of people for testimonies of their healing and filming
- 14th/03/2013: meeting of the therapists (Preparation of the mourning period and TFT Community day)
- 20th/04/2013: TFT Community day (Widows with low income)
- 17th December TFT community day
- TFT is helping the families
- Visit to the patients



2. During the year 2013, we visited 124 families

We visited the schools for follow up of the trained teachers and teaching the children how to use TFT for quick healing. We helped them with some cases which needed our experience. We had 8 cases at G.S Nyinawimana, 26 cases at E. S Cyuru and 18 cases at Kagamba



3. Youth/TFT

Every Monday is youth day. We teach them how to use TFT and we treat some cases. We treated 1319 cases. We also had the forum of 2000 youth and more from different parishes. We taught them how to use TFT and many cases have been treated.

4. Handicapped children at IZERE center

We reported on this in the last issue.

5. Prison project

From 30th-31st /07/2013 we conducted the TFT training at Miyove prison. 20 therapists have been trained and they are happy to help the prisoners.



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6. HIV/ AIDS CASES

By the testimonies of the patients received in the IZERE Center in their villages, a large number of people who have the problem of HIV/ AIDS contamination declare to be under treatment. (Because of poverty they don't have appropriate nutriment. We try to help them with TFT however they need other services as well.)

7. Power of TFT

The year 2013, we received 4429 cases. We visited schools, prisons and families and we had different groups to be trained and treated with TFT. The Power of TFT in the IZERE center and to the surroundings is seen by everybody who visited our region. We can see an improvement in different sectors of human life: psychological, economic and same social. The people testify to the efficiency of TFT as a miracle and a big number of the patients who come in to the IZERE center with different problems like: trauma, PTSD psychosomatic illnesses, illness incurable accompanied sometimes by the depression, problems, anxiety, depression, anger...

The technique of the TFT is very efficient and fast because I succeeded in helping the patients with any symptoms they had.

NOTE: In spite of the efficiency and speed of the TFT, our TFT office in the Center IZERE is not equipped well and doesn't have enough materials and financial resources for some needs of patients or clients.

For example:

For the clients in traumatic crisis, after the treatment, he/she feels sometimes exhausted and needs the place to take a rest before going back at home. In the period of national mourning 2013, we have been touched by the lack of the mattresses and the place (room) for these patients so that we continued to help the other in crisis. It was not easy for us and we are looking for someone who could help us to prepare the next mourning.



THE SYNTHESIS OF THE ANNUAL ACTIVITIES

Month	Case		Sex		Status			Total	Youth/TFT			Visit	G total
	N.C	A.C	F	M		Single	Widows		F	M	Total		
January	25	227	207	45	97	52	103	252	36	12	48	-	300
February	31	195	198	28	82	47	97	226	50	19	69		295
March	63	201	213	51	75	32	157	264	88	37	125	6 families	389
April	129	325	378	76	123	96	235	454	132	25	157	16 families	611
May	79	243	284	38	103	47	177	322	126	41	167	12 families	489
June	23	241	231	35	146	19	127	266	97	32	129	11families	395
July	13	139	134	18	58	16	88	152	110	46	156	14 families	308
August	26	204	197	33	61	36	133	230	102	43	145	18 families	275
September	72	168	155	85	59	44	137	240	69	18	87	12 families	311
October	23	154	146	31	59	20	98	177	45	14	59	-	256
November	35	245	240	40	93	24	173	280	45	20	65	21 families	345
December	79	266	288	67	130	74	141	345	97	13	112	14 families	455
Total	598	2608	2671	547	1086	507	1666	3208	997	320	1319	124 families	4429

Done at IZERE
20th January 2014
Fr. Augustine NZABONIMANA
TFT IZERE/ Rwanda President

How Can You Become Involved in our World-wide Trauma Relief Efforts?

Attend the Annual ACEP Conference in June and represent TFT – help us become a larger part of ACEP.

Attend Suzanne Connolly's Pre-Conference TFT Algo Training (New – simplified version with CE's).

Rwanda – trauma treatment, training and education – Prisons, Schools, Clinics, Handicapped Children, Families, and Youth

- Funds
- Airline Miles – for trainers
- Office Equipment and Supplies

Uganda – training and treatment, clinic operation and outreach

- Funds
- Airline miles and travel expenses for trainers

Veterans – Peer to Peer Study and Treatment

- Funds
- Grant writing skills
- Volunteer hours
- Vet facility

Volunteers – study hours, advocacy, education.

Translators –

- New languages for the trauma relief blog www.TFTTraumaRelief.wordpress.com
- Translators for study materials

Public Relations – celebrity spokespersons for the foundation's work and documentary.

Contact Joanne, joanne@tftfoundation.org to contribute or Donate directly on www.TFTFoundation.org for the USA and www.TFTFoundation.org.uk.

Join our Uganda trauma relief team and share in their presentation of this growing TFT community in Kasese, Uganda at the TFT Optimal Health Training in Paris, France in May, 2014. We will be featuring our trauma relief teams and work in each of the [Optimal Health trainings](#). TFT Practitioners at this level seem to all have a sense of purpose and desire to join us in the foundation's work.

How Your TFT Foundation Trauma Relief Committee Can Help You

Tapping for Humanity readers probably know that the TFT Foundation Trauma Relief Committee has worked hard to construct guidelines for trauma relief deployments and research efforts in the United States and abroad in an effort to retain the integrity of Thought Field Therapy. But, it may be less well known that the TFT Trauma Relief Committee members are always ready to serve as consultants if a TFT practitioner is planning to conduct, or considering conducting, a trauma relief effort using Thought Field Therapy.

TFT Foundation Trauma Committee members/consultants ready to help in any way they can are:

Herb Ayers, MA, LMHC, TFT Foundation Trauma Relief Committee Member, served seven years on the former ATFT Board of Directors; has experience editing articles on TFT. He is a retired Red Cross director and has been affiliated with the American Red Cross for over 40 years. Herb also volunteers in disaster services, works with military veterans, and began his service in Vietnam with the American Red Cross. Herb resides in Pasco, Washington. You can contact Herb at ghgg@charter.net

Tom Greenhalgh, Jr., MSW, TFT Foundation Trauma Relief Committee Member, is an experienced First Responder who currently works as a Police Lt / Paramedic and has offered guidelines for using TFT with First Response Teams and coordinating trauma relief efforts with First Responders. He is experienced using TFT with First Responders, Military Veterans, and civilians. Tom resides in Billerica, Massachusetts, and can be contacted at TGreenhalgh@npssinc.org.

Jim McAninch, CEAP, CTSS, TFT Foundation Trauma Relief Committee Member, is a Critical Incident Interventionist and works with industrial crises. Jim has worked for over thirty years with industry and unions. He has spent the last eighteen years on the board of Pittsburgh's CISM team and works with the 911 Dispatchers and First Responders. He also has spent the last twenty five years working with individuals in their addiction and recovery. Jim resides in Tarentum, Pennsylvania and can be contacted at jimmymac@so-sat.com.

Suzanne M. Connolly, LCSW, LMFT, LISAC, TFT Foundation Trauma Relief Committee Chair, has extensive experience using TFT in TFT Foundation trauma relief deployments, TFT Foundation studies in Rwanda, and trauma relief deployments in New Orleans. Suzanne resides in Sedona, Arizona and can be contacted at smc@suzanneonnolly.com

Please remember, it is imperative that anyone doing a trauma relief work or conducting a study doing TFT abide by the most current version of the TFT Foundation Trauma Relief Manual.

Ugandan TFT Mission: January 12 – 27, 2014

By Roger Ludwig

Mists of mosquito netting drape around me as I type, cross-legged, on my bed. Beyond are cracked walls and doors ajar. Any effort to make and keep parallel lines in Africa is usually ephemeral. But to do that, in the form of a well ordered scientific study of Thought Field Therapy's effectiveness, we have come, in addition to training many people and treating dozens of others.

Beyond this room, in the haze of heat, humidity and dust, are now familiar sounds. Children shout, men laugh. There is the loud cawing of ravens, relentless hoopoe of grey doves, and the distant, throbbing hum of the hulking cement factory which towers over this gritty town of Hima. It brings meager paychecks to workers who come from all over Uganda with their separate languages and appearances. They toil in hope of better lives for their wives and children. Our sweat is small in comparison but our dreams are similar for these Ugandan peoples we have come to love.

The work of our mission is now finished, ending, as it began, in fatigue. I arrived two weeks ago at 3:15 am, a smooth landing in Entebbe, grabbed bags and passed customs to see the ever hospitable Fr. Peter waiting to "most welcome" me. It is my third trip to Uganda. Fr. Peter's musical laugh and loving heart is a tonic, to me and to hundreds of others.

Our Volunteer Team

After two hours' sleep in a guest house I meet the team at breakfast. Dr. Howard Robson and his wife Phyll are here from England. They have recently retired, he from his cardiology practice, she from nursing. We have worked together on both prior Ugandan trips. It is great to see them.

One of our most important goals is to add to the

2012 study. At that time we trained volunteer TFT counselors, who pre-tested, then treated 256 people who came admitting symptoms of PTSD. A week later they were post-tested. It was a wait-list controlled effort that involved hundreds of people. Dr. Howard directed the study and has taken charge, in his relaxed manner, of this one. We hope to bring many of those 256 back, now 18 months later, for post testing. How have they fared after their brief treatment? I've been wondering that with a quiet urgency ever since I left.

Phyll was the senior trainer on that 2012 trip. This time she will manage our logistics and support a new senior trainer, who has just emerged into the dining hall. Ngub Nding is a personal force; laughing, open to all and everyone, massive in frame and spirit. A former pharmacist and pharmaceutical researcher, he is now a life coach and TFT practitioner in Paris. Ngub (pronounced nGoo) is accompanied by his partner, Alexandra Maillot, a gentle kindergarten



Uganda TFT team 2014, from left to right. Back row: Dr. Howard Robson, Ngub Nding, Alexandra Maillot, Fr. Peter Mbunga Basaliza, Phyll Robson, Celestin Mitabu. Front row: Roger Ludwig, Alosius, Oob Nding

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teacher from Paris who is also now practicing TFT full time, and his brother Oob (pronounced Ob as in “job”) Nding, an engineer now living in Calgary, Alberta. Ngub and Oob were raised in Gabon, West Africa.

I am Roger Ludwig, a private practice psychotherapist of many years in Cheyenne, Wyoming, USA. I’m looking forward to the arrival of the important seventh member of our team, Celestine Mitabu, who is coming by bus from Rwanda, where he is a church pastor, orphanage and school director and the senior TFT trainer there. He worked with us in 2012 and I consider him a dear friend. He, with a few others, have established a very successful TFT presence in Rwanda.

Reflections

These two weeks are now a blur of images and sensations, of non-stop activity, late evening suppers, a collapse into sleep. Warm handshakes in the triple African manner; the upturned looks of curious children; handsome elders, character etched deeply in their faces; and of course our trainees, young and middle aged and old, often studious, always sincere, sometimes sleepy and bewildered like trainees everywhere. There has been lots of laughter and music, joy in life’s real joys—good company and ample, if simple, food. Yet also much suffering, children in dirty rags, fevers, swollen limbs, infants failing to grow, young men who have worked hard to achieve an education who now languish for lack of opportunity.

Suffering and celebration, all in a flow, streaming in a fast drumming rhythm, a blur of hands on skin. In the west we hide our suffering behind walls. Here it is all of a piece, open to eye and sky. Caskets on display next to the vegetables, meat and clothing.

Perhaps in the west have we also hidden, or perhaps lost our joys. Africa has taught me to recapture them.

The wedding scene typified it for me. Our team sits under a canopy among the guests of honor at the wedding of Fr. Peter’s niece Meresi Muhindo and Kule Felix, in a village at the end of a rutted track. 750 to 800 people are present, gathered around a rectangular open area of swept dirt. Directly across from us is Queen Ithungu Asimawe Agnes, Queen of the Rwenzori Region. She sits alone, radiant and regal in gracious splendor, personal attendants and muscled guards radiate in a semi-circle around her.

But also in the center of the celebration hobbles a beggar with a single crutch, pants torn off unevenly at the knees. From head to toe he is coated in thick dust, cupped hand silently reaching for alms as he slowly circles the crowd. We can see that he is

developmentally disabled. But no one shoos him away. The hired security guard only moves him once, and that very gently, when he is directly in the way of dancers.

Here it all belongs. All are a part. And we have been welcomed into their lives, if only for a short time.

Kongota

In comparison to previous trips this one is low budget and we have concentrated on training smaller numbers of people but training them well. (Our training budget includes providing transport and food for all trainees.) From Nsenyi, a small idyllic campus midst the lush terraced farms of the Rwenzori foothills, we trained two groups of catechists, the first of 37 and the second with 12, two days of training for each group. The plan was to train them all in Dx, the diagnostic level, after a review of the Algorithms. But it became clear that review was what they needed most.

Ngub taught with dynamism, inspiring, motivating, and at times cajoling. We kept our single blackboard busy. With few handouts, they were led to take careful notes. Practicum groups were coached.

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The speed and effectiveness of TFT again inspires. Alosius translates all into Lukonjo. He is a school teacher, a catechist who translated for us in 2012. As we call TFT “tapping” for short, they are calling it “kongota,” which is literally translated as “knocking.”

We prod them into practicing post-training, on themselves and amongst the communities they serve. As catechists they conduct the mass whenever a priest is not available. And with two priests for forty parishes it is the catechists that are with their large congregations, volunteering Sundays and throughout the week. Most are men but a number of women are catechists also, well respected and included.

Research

Between these two trainings was the research day. We gathered with the catechists, organized our work, and reviewed the administration of the checklist, all the while wondering how many of the participants would return for this 18-month post-test. So many things don't work as planned.

But come they did, 128 of the original 256, nearly all of them carrying the cards we gave them 18 months ago, each with their identification number! Tests were read from the translation, scores recorded, checked and double checked, entered in Excel and checked again. Lunch served, transport paid. At the end of the day only one sheet was deemed un-scoreable and discarded. The data are ready for the statisticians.

Much of the credit for this goes to a man who labored behind the scenes, visiting people in their villages, telling them of the follow-up, reminding them of their importance to this study. A man we never see unless we search him out. Bless you Andrew.

More Kongota

After the second training we packed up and moved to Bukangara, a parish compound along the busy



asphalt near the Congo border. Chairs were arranged under a few spreading trees, a chalk board propped by a table. Ringing the bell of an old truck wheel hung from a tree brought in 45 catechists. Drums and praise songs, prayer and two days of algorithm review with a little Dx added. Ngub, Celestine and I tag-teamed with everyone helping with practicums in this little slice of Eden.

Saturday is the niece's wedding, not far away. We sat for six hours of speeches, dramatic ceremony, a comic MC, feasting and a drenching downpour met the queen and took pictures of children. And the couple still had not actually gotten married. That came later at the Bukangara church. The occasion continued until midnight.

Sunday brings us to a parish church, a hundred or two in attendance, no glass in the open windows. A few hours of song, and celebration, then mass. We are treated like royalty, sung to and presented with baskets for cassava. I give a talk introducing TFT to the whole group and we lead them through a group demonstration. By raise of hand about 60% report relief of a real problem.

Ngub offers the team up to treat any who would like. And so we do, with two teams working with English translation, one with French and one with Swahili, we treat throughout the afternoon, one after another, after another. Then we visit a medical

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clinic established by Fr. Peter, six rooms in a concrete and tin building. We talk with the resident doctor and staff and admire the new equipment that had arrived last week.

Then another move, this time to Hima, an hour and a half to the north. Hima is hot, 100° plus. We're teaching outside but the trees provide only a hint of shade. Just behind our group, beyond a hedge, is a dirt street, sided with a row of small shops, one erupting with blaring music. Motor bike taxis, "Boda-bodas," go up down. But our catechists carry on. Our trainings last long. Ngub won't quit as long as there is one more point that can be made. 35 participate; some repeats who attended one of the first three trainings. They wanted more.

Ngub, Celestine and I take sections of this one. Aloysius keeps up, claiming to never tire.

We close our trip like we began it, with a visit to the dignified, well-traveled, knowledgeable 78-year old

bishop. He has supported and endorsed our work since the first trip in 2009.

Our trip is finalized with a visit to a village between Kasese and Hima to see some real estate where the church is willing to site a TFT center. One building is present, used in part as a small class room and a place for traveling catechists to stay, but it can begin use now for Kongota treatments. It sits near the Catholic Church and the Anglican, and near two busy schools. They envisage a national TFT center someday with local trainers.

Now, at the close of our work, RAIN! From the stoop I watch a hundred thousand silver rivulets streaming from the corrugated roofs. Fresh, clean, invigorating. Billowing in gusts. Cooling and washing away the day's heat, the dust, the petty frustrations. Here rain following an event signifies heaven's blessing. May these seeds of TFT grow in this rich, Uganda soil, amongst these generous, kind people.

TFT Foundation Publication Guidelines

We welcome article submissions:
Please submit articles via e-mail to:
info@TFTFoundation.org

1. The Publication is created, edited, proofed and produced by TFT Foundation volunteers who receive no payment for their work.
2. Schedule of Publication: January 15; April 15; July 15; October 15. All submissions must reach the editor at least 2 weeks prior to publication. Since the Publication will be an on-going, electronic one, we may accept some submissions for interim use, updating an issue already available on the web.
3. Purpose: The TFT Foundation Publication is designed to inform the public about the use of TFT to help people around the world. For example, such information can be of a humanitarian nature, professional service to others, on-going TFT research, help for animals, and work of TFT Foundations.
4. The TFT Foundation Publication will be in the form of an E-Zine and will be available on the WEB. Therefore, people from all walks of life can have access to information about TFT, the TFT Foundations, and the work of practitioners. Practitioners can use the E-Zine in their private or agency practices and disseminate the WEB address to their clients and other interested parties. Viewers have the option of downloading this E-Zine.
5. Submissions for publication should be written in Microsoft Word. Rich Text (RTF) format is acceptable when Microsoft Word is not an option. Copy should be double spaced with the name and credentials of the author at the top along with the Title. Submissions should be spell-checked before submission.
6. Do not include or embed any clipart with the article. It will be returned to you for removal of clip art.
7. No copyrighted material will be accepted.
8. If a submission is written in a language other than English, an English translation must be included so that both will be published together.
9. Podcasts and video links may be submitted. The decision to use such material will be up to the editor and/or TFT Foundation Board.
11. Photos must be digital and meet the specifications of the E-Zine Layout volunteers. Jpeg format is acceptable.
12. TFT Practitioners are encouraged to advertise in the E-Zine. Advertising guidelines and costs may be obtained from Joanne Callahan, TFT Foundation President.
13. Books, Journal Articles, and other mentions will be published. We do not do book reviews.
14. On occasion, copy may be returned to an author for suggested changes or rewriting. In most cases, material will be either accepted or rejected based on the original submission. Edited material will not be provided to an author for final approval.
15. Stock photos will be used to dramatize or enhance an article but no photos of clients or information pertaining to a client by name will be published without their expressed and signed release on an official TFT Foundation Release Form. Every effort shall be made to protect the privacy of an author's client.