

TAPPING For HUMANITY

Winter, 2014

Humanitarian Work With
Thought Field Therapy...
"Changing the World One
Thought at a Time"

INSIDE:

Last-Minute Holiday Gifts

Our New Director

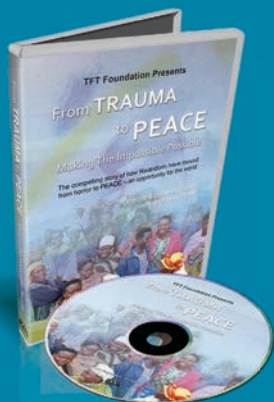
Help Trauma Relief and Your Finances

Our Heart Felt Thank You!

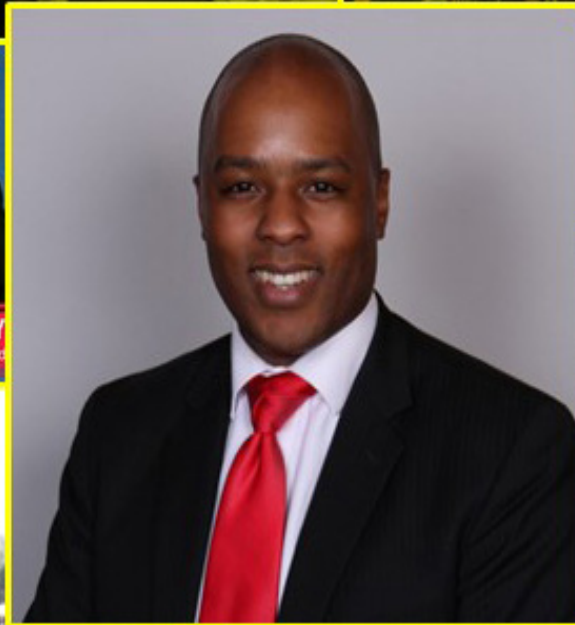
Cyber Bullying and Low Self-Esteem

Thought Field Therapy and Bullying

2015 Foundation Projects



From Trauma to Peace
NOW AVAILABLE



Tapping for Humanity

Where Have Your Donations Gone?

How Many Lives Has Your Support Helped?

The TFT Foundation, through your generous support, the hard work of countless volunteers around the world, and a dedicated board of directors, has helped thousands and facilitated a number of projects and completed their documentary.

And, the TFT Foundation still uses **over 94% of monies collected directly in support of its projects**, and even though its budget is very small, has been able to accomplish much over the past year:

- Completed the documentary "From Trauma to Peace."
- Co-sponsored a team of seven international TFT practitioners to Uganda for 15 days to train and treat. This was a follow-up trip to the one in 2012. The project was co-sponsored with TFT Foundation-UK and donations from team members themselves.
- Continued support of a full-time licensed psychologist /TFT therapist at the Izere Center in Byumba, Rwanda. This year added support of a part-time therapist as well, in order to handle the hundreds of people who come every month to the center for help. Plans are underway between volunteer administrator Fr. Augustin Nzabonimana and government officials to establish TFT as a main therapy within the Psycho-Social Commission for the entire Byumba Diocese.
- Sponsored Celestin Mitabu's mission to the Rutongo Orphanage, Rwanda, in response to an invitation from the director to treat and teach TFT to the children, victims of HIV, malnutrition and parental mental sickness. Mr. Mitabu is director of the Rwanda Orphan Project in Kigali, Rwanda, and is very dedicated to spreading TFT throughout Africa.
- Sponsored a team led by Mr. Mitabu to treat traumatized participants at the 20th Rwanda Genocide Commemoration. The team consisted of TFT therapists from various universities: Adventist University, ULK University, Kigali University of Management, Ndera, SFB, the University of Rwanda Butare and the ULK Butare, all trained by Mr. Mitabu.
- Sponsored a TFT training and treatment program by Mr. Mitabu in a new region, Bujumbura, Burundi. At the end of the training, Mr. Mitabu established TFT teams in Burundi and the Congo. He will soon be submitting a proposal in three languages to start the registration process for a Kigali, Rwanda, NGO non-profit foundation, the "Africa Foundation of Thought Field Therapy" (AFTFT).
- Sponsored an IZERE Center team to "provide TFT to promote Peace, Unity and Reconciliation" at a Youth Forum in Rwanda that was attended by 3,000 youth from six countries--Rwanda, Uganda, Burundi, Tanzania, DRC and Kenya. This was at the invitation of The Ministry of Youth and Technology and the Diocese of Byumba.
- Co-sponsored with Synchronicity Mexico a TFT training for trauma relief at a medical facility in Mexico City, attended by several medical doctors, nurses, staff, and community leaders.
- Co-sponsored with TFT Foundation-UK a three-member international team to Jerusalem to train 21 psychotherapists at the Herzog Hospital-Israel Center for the Treatment of Psychotrauma, where a plan is underway for a study on TFT and PTSD.
- Sponsored four TFT "Community Days" at the IZERE Center, Byumba, Rwanda.

Tapping for Humanity

In this issue of Tapping for Humanity we share some of the above items in more detail with some great photos from the Youth Forum, the recent community day and the training in Burundi.

Click on the slide to see all of the pictures >>

One of our board members, Mary Cowley, shares with us a great way to take care of your holiday gift list, and Paul Emery, a long-time TFT practitioner from Thailand, offers his latest award winning book with Brian Tracy, to our readers for a donation to our trauma relief efforts.

Our boards introduce our newest Director, Oob Nding. He has joined both boards and has been a substantial supporter of our documentary. He plans to introduce TFT to international corporate level businesses, as well as continuing his support of our trauma relief efforts.

Dr. Victoria Yancey reminds us of how "Bullying" can be a nightmare for many and how we can use TFT to help our family and friends with this traumatic challenge. She shares examples of cyber-bullying and in-school bullying. Our youth need trauma relief tools.

Both foundations have some very important projects for next year needing sponsors and support. We will share those with you as well and we thank Ruth Lane Charitable Foundation for their sponsorship of the IZERE Center Community Treatment Days for 2015.

The TFT Foundations, USA and UK, Introduce a New Director

We welcome Oob Nding, our new Director on the board of both the USA and UK TFT Foundations.

Oob's life and career have taken him to very diverse environments over the past 15 years. He is a mechanical and industrial engineer by background, with an international experience delivering major capital investment industrial projects, most of which for one of the most recognized brands in the energy sector worldwide. Born and raised the first 15 years of his life in Gabon (central western Africa), Oob has lived and worked in France for over 15 years.



Tapping for Humanity

After 5 years back in Gabon jump starting his current career, Oob moved to The Netherlands and later on to Alberta, Canada where he currently lives with his wife, Sonia, and their two young children.

With over 15 years of an international corporate career over 3 continents - at a rather competitive level - Oob has encountered multiple facets of trauma, anxiety, stress and more in the business environment. Not only has he lived these personally, he has helped countless numbers of colleagues through the same over the years. These past few years, it has become obvious to him that individuals performance at all levels of business organizations can greatly benefit from the power of TFT.

Oob is very much looking forward to applying this focus going forward, to help develop and promote business clients studies, wellness programs, and other opportunities yet to be devised. With an understanding that these business organizations also typically have well structured non-profit funding practices, Oob is looking forward to developing strategies to bring the TFT Foundations to these corporation's awareness. Furthermore, after a very heart-warming experience in Uganda in January 2014 on a mission with TFT Foundation UK, Oob is looking forward to opportunities to further engage with future trauma relief missions worldwide."

I asked Oob, as a new director, and a substantial supporter of the documentary, what he felt about it. He said the following:

"Honored, proud and compelled to action

When I first heard of the TFT documentary project back in 2013, I immediately felt a distinct and

unusual urge to jump in to support it. I followed my gut feeling and I am so glad I did. For the next 12 months or so, I excitedly monitored the team's progress from afar, eager to see the first images.

A few months ago, as a Board Director of the TFT Foundation, I was privileged to an early viewing of the TFT documentary, "From Trauma To Peace". A few weeks later, the first copy of the DVD arrived at home. I was away out of the country for work that week, and my heart started racing as I found the DVD on my desk the night I came home. I watched it for the second time the very next morning (after the viewing of the near-complete edition Joanne shared in Calgary in August to a small Optimal Health class).

The first time I watched the documentary, I had to tap for traumas of my own I didn't realize were there; this time around the only tears in my eyes were tears of compassion and joy. I am honored to be a part of the TFT movement; I am proud to be an agent of change for Peace. I am grateful, thankful and appreciative to be on this journey with Joanne and an outstanding college of Directors, through the TFT Foundation USA and the TFT Foundation UK Boards. I am excited to know how many more lives are going to be touched and transformed as more people get exposed to TFT worldwide.

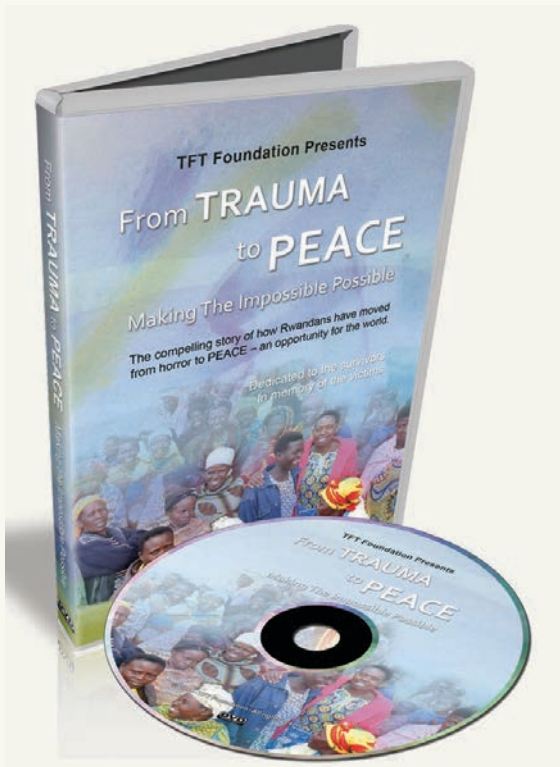
Whether you are a long time supporter of Callahan Techniques and the TFT Foundations or an all-time skeptic, I highly encourage you to get your copy of the Trauma To Peace DVD. It is as beautiful as it is deeply moving. Join us in celebrating TFT, creating Peace one heart at a time."

Oob Nding

A Last-Minute Holiday Gift Suggestion That Helps Others

by Mary Cowley, PhD, TFT VT

As a member of the TFT Foundation documentary committee, I was fortunate to be able to view the finished film recently--and I was so moved by it that I decided to send the DVD to friends and family to whom I would normally send a Christmas card. I can't imagine a better gift during this special Season of Peace. IT IS A GIFT OF PEACE!



It's also a great way to let those you care about gain an understanding of the therapy you value so much.

[CLICK HERE TO ORDER NOW.](#)

Below is a sample note you might include with the DVD. You'll probably want to personalize it in your own way, perhaps include how you're associated with TFT. I hope you have fun with it.

Dear Friends and Family,

This year, rather than a Christmas card, I'm sending you the DVD "From Trauma to Peace: Making the Impossible Possible." It is an extraordinary story of how Rwandans severely traumatized by the 1994 genocide have been able to change their experience from fear, anger, grief and resentment to joy, productivity, compassion and forgiveness. They were able to do this with the aid of TFT (Thought Field Therapy), a safe, easy self-administered energy technique. If you have any questions about TFT after watching the film, please let me know.

It is my hope that this film will inspire you...and give you great hope for the possibility of peace on this planet.

May you be filled with Joy, Love and Peace during this special season...and forever.



Help Trauma Relief and Your Finances

By Paul Emery, TFT-Adv

How to Improve Your Finances, Business, Health and More with TFT-Adv Practitioner Paul Emery alongside Brian Tracy, a 3 time EMMY Award Winner and other experts AND Help the 'From Trauma for Peace' Campaign!

Since my early teens and throughout most of my life I suffered from what my doctor described as a 'Social Phobia'. I often experienced high levels of anxiety and fear, often for no consistent, apparent or logical reason.

For decades I searched for an answer to overcome this problem. As the years passed I just battled on with life whilst studying everything I could from hypnosis, counseling, NLP and EFT in the hope they would help. However, with all that they promised and my success helping others – nothing worked for me!

That was at least, until I finally focused on the original tapping method of TFT and had a VT consultation with Roger. He identified why nothing previously worked for me. Toxins! I cleared those identified following his instructions and repeated some TFT sequences. Miraculously within a very short while I started to feel less anxious and fearful, to such an extent that I started to live a calmer, fuller and happier life. Since then I have often appeared on live TV with virtually zero anxiety!

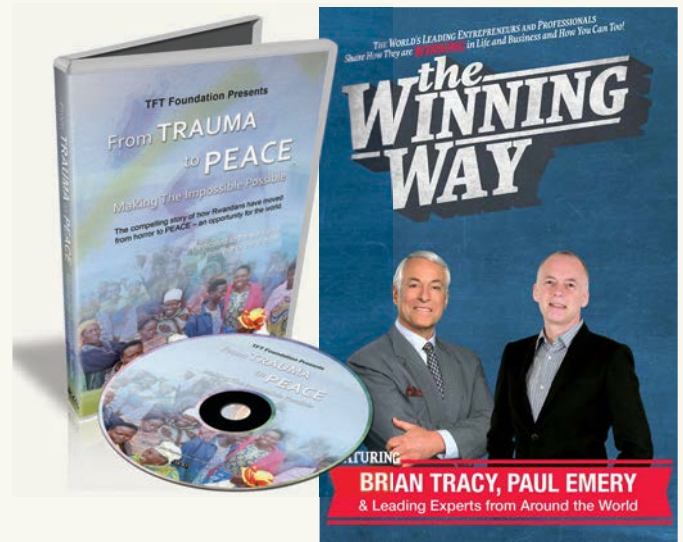
Recently I was asked to co-author a book called, *'The Winning Way'* with one of my mentors famed author - Brian Tracy, alongside 3 time EMMY Award Winning Director Nick Nanton and other leading experts.

At 440 pages the book contains lots of useful nuggets of advice, tips and information on a wide range of topics, from improving your finances and business to health. My contribution was a chapter called 'Winning Without Worry'. It outlines my battle with anxiety and how I eventually beat it thanks to TFT. Part Two of my contribution includes a segment on how to perform a 'self-Havening' treatment with a link to some free exclusive videos. 'Havening' is a new psycho-sensory technique which I often incorporate with TFT into my treatments with increasingly great results. I also outline a breathing technique which has been proven to raise the anti-aging hormone DHEA, as well as balance HRV and enable you to sleep better and become less reactive.

I am delighted to say that the book has become a huge success and an Amazon Best-Seller! In September I Visited Hollywood and was inducted into the 'National Academy of Best-selling Authors' for which I picked up a 'Quilly' Award.

How to help the 'Trauma to Peace' campaign. If you were to buy the Hardback version of this best-selling book it would cost you \$19.95. The Kindle version \$11.95. However, I would like to give you all a chance to own an exclusive digital version of this informative and entertaining book for a small donation to the 'From Trauma to Peace' campaign **of only \$5.95**. The price of a large latte!

If you donate \$29.95 or more, you will receive my digital book and the DVD From Trauma to Peace. [To donate, simply click here.](#)



Our Heart Felt Thank You to the Ruth Lane Charitable Foundation

The Ruth Lane Foundation's generosity in the past has enabled the TFT Foundation to help thousands of individuals who've been debilitated by trauma to become happy, compassionate, and productive again.

For the last two years, the focus of their funding was the documentary "***From Trauma to Peace: Making the Impossible Possible***". This is an educational as well as a fundraising tool to enable us to help many more individuals and communities throughout the world. The film is now complete and the foundation Board of Directors is very pleased with it. Thus far it has been submitted to film festivals in Palm Spring-CA, Vail-CO, and Sedona-AZ. We intend to have it edited down to a 56-minute version for PBS, and will do so when we've raised enough money through sales of the DVD to fund the editing.

The TFT Foundation Board of Directors was very proud to have been able to give the Ruth Lane Charitable Foundation a completed DVD last month along with a request for funds for 2015 for the sponsorship of the IZERE Center Community Treatment Days.

Regarding the Community Days mentioned above, 200 to 300 traumatized and otherwise distressed persons are treated with TFT at each event. The foundation has sponsored four every year for five years, at a cost of \$2500-\$3500 per Community Day.

In the past, plans for each Community Day would only go forward if the foundation had enough funds at the time to sponsor it. This year the foundation had to limit the funds provided to \$2500 per Community Day. There are always more individuals wanting treatment than can be accommodated by the funds we provide.

We are very grateful for the support the Ruth Lane Charitable Foundation has given us in the past and most appreciative of their continued support by granting us \$12,000 to cover the cost of four Community days in 2015. We thank you.

This grant will enable us to tell Fr. Nzabonimana, Director of the IZERE Center, that he can rely on the funding of four Community Days next year so that he can more efficiently and effectively plan them in advance.

Their sponsorship of four Community Days in the coming year will not only increase the effectiveness and success of the events themselves, but will also enable the TFT Foundation to be more responsive to new requests for training and treatment from individuals and organizations throughout the world. In this way, we can further the reach of Thought Field Therapy, which we truly believe is one of the most effective tools for promoting peace in individuals and their communities.



Cyber Bullying and Low Self-Esteem: A Social Nightmare



By Dr. Victoria Yancey, TFT-DX, TFT-ADV

Young people around the globe are taking their own lives because of cyber bullying. Teen suicides have occurred within the past ten years in Missouri, Florida, New York, Vermont, Massachusetts, Canada, United Kingdom, Italy and numerous other cities and towns. Cyber bullying has created a social nightmare and has caused far too many teens to hang themselves, jump from bridges or find other ways to harm themselves. The number of suicides continues to grow with the easy access to and the increasing number of social media sites available to teens.

Cyber bullying is using digital technology to harass, embarrass, threaten, torment, humiliate or to make another person feel uncomfortable or scared. A study was conducted in 2010 by Cyber bullying research. It involved approximately 2,000 randomly selected middle school students from school districts in the United States. The study revealed that of the students 20% reported seriously thinking about attempting suicide. Those figures include 19.7% females and 20.9% males. The results also showed that 19% reported actually attempting suicide with 17.9% females and 20.2% males. In addition, it is suggested that cyber bullying can cause emotional scarring, since it involves threats and humiliation.

Cyber bullying victims were almost twice as likely to have attempted suicide compared to youth who had not experienced cyber bullying.

Tapping for Humanity

Young people spend up to 7 hours a day on the internet communicating with others on social networking sites. Technology cultivates a fertile ground for bullying. The internet has allowed bullying to occur on a 24 hour basis. Schools are unable to monitor student activity on the internet while not in school. You no longer have to sit at a monitor to cyber bully. Cell phones, smart phones, tweets, texting and blogs are all places where cyber bullying can take place while walking, riding, home or away, at any time or anyplace.

The growing number of digital technology sites allows young people to hear, see pictures and read hateful and embarrassing words about themselves, friends and family members. Studies reveal that there is a correlation between cyber bullying and low self esteem. Those who experience cyber bullying as a perpetrator or a victim had significantly lower self-esteem than those who are not involved in bullying (Hinduja & Patchin). They suggest that schools should take this fact into consideration when developing prevention programs.

Thought Field Therapy is a comprehensive and effective tool to use with students who experience self-esteem issues. Thought Field Therapy has been successfully used with the children who survived the pain of genocide in Rwanda and those who suffer bullying in the United States. This non-evasive, self-help technique should continue to be considered by schools, mental health professionals, parents and students themselves world-wide to reduce and eliminate negative thoughts and increase self-esteem and motivation.

Read more about TFT and bullying.

Callahan, R. and Callahan, J. (2011). *Tapping the Body's Energy Pathways*. Callahan Techniques

Cowley, M. (2009). *TFT helps suicidal young man*. <https://tfttraumarelief.wordpress.com/2009/07/09/tft-helps-suicidal-man/>

Hinduja, S. & Patchin, J. W. (2010). Bullying, Cyberbullying, and Suicide. *Archives of Suicide Research*, 14(3), 206-221.

TFT Trauma Relief – Overcome Trauma With Thought Field Therapy® <http://tfttraumarelief.wordpress.com/category/trauma/suicide/>

Yancey, V. (2012). *Thought Field Therapy a solution for bullying*. <http://www.examiner.com/article/thought-field-therapy-a-solution-for-bullying>

Yancey, V. (2009). *The use of thought field therapy in educational settings*. Germany: Verlag Press

Dr. Victoria Yancey, TFT-DX, TFT-ADV, is a therapist and an educator. She is known as the Guardian Angel of Hope for the children and families of the city of Philadelphia. She is Contributing Faculty at Walden University and Certified Advanced Facilitator at University of Phoenix

Share tapping with your children as they go back to school after the New Year.

“I Just Tapped and Walked Away” Thought Field Therapy and Bullying

By Dr. Victoria Yancey, TFT-DX, TFT-ADV

“You are fat, stupid and ugly.” This is just one example of the taunting that some students endure from peers and classmates. These and other harmful statements are instances of bullying. Bullying is a form of violence.

It is negative, aggressive and unwanted behaviors to cause harm, hurt or humiliation. It is anything that hurts another person, when things are repeatedly said or done to have power over that individual.



There are many types of bullying. There is racial bullying, sexual bullying and cyber bullying. Bullying includes name calling, saying or writing derogatory comments, purposely excluding an individual from activities, spreading lies and rumors, ignoring, threatening, doing anything to make another person feel uncomfortable or scared, stealing or damaging belongings of others, kicking, hitting, slapping, making someone do things they do not want to do. When Thought Field Therapy (TFT) was taught to a group of students they reported using TFT when confronted with the violence of being picked on or bullied.

Children handle being bullied in many different ways. Those who are bullied are subject to peer pressure. Sometimes they end up doing something they really do not want to do in order to “fit in” hoping that the bullying will stop. Those who are bullied often feel pain, fear or hurt. They lose self-confidence and feel lonely, scared and sad. They sometimes do not feel safe at school, home or at play and often have poor grades in school. They may suffer from depression, headaches, stomach aches and other health problems and they may also have thoughts of suicide. Some feel it necessary to fight or bring a gun or weapon to school to stop the hurt of being bullied.

I worked with a group of middle school students who felt they were being bullied. The students were referred to me by their parents because they were getting into trouble in school. Many of the students were receiving declining or failing grades. Some of the students had either experienced detentions or suspensions, in or outside of school, for fighting.

Tapping for Humanity

When meeting with the students they explained the reason for their getting into fights was because they felt they were being “picked on.” They explained that a group of students constantly bullied them and they got into the fights because they felt angry and wanted to lash out against the bullying. Statistics reveal that one out of every 4 students are bullied, picked on, or abused each month. In addition, thirty percent of students in the United States admit to being bullies, victims of bullies, bystanders (those who witness bullying) or have participated in all three roles (Olweus, 2001).

My work with the group began with explaining Thought Field Therapy after their discussion of anxiety and fear of being picked on and bullied and having to fight to try to solve this problem. The students rated their Subjective Unit of Distress (SUD) after tuning into the thought field. The SUD ratings ranged from ten or above for fear and anxiety to seven. I began leading the students through Psychological Reversal to correct any reversals that may negatively effect the treatment. I then taught them the algorithm for General Anxiety and Stress, e (under eye), a (under arm) and c (collar bone). We checked the SUDs then continued by repeating psychological reversal and the majors since the SUD did not go down by two points for all in the group. We repeated the majors. This was followed with the 9 gamut since the SUDs subsequently lowered by at least two points for all students in the group.

We continued in this way until the SUD for each student was down to zero or one. The students reported feeling better, they explained feeling better meant that they where having fun doing Thought Field Therapy and they did not feel tense and angry when they thought about being picked on. Studies show that the less confidence a student has the more likely they are to be bullied. The more confidence a student shows the less likely it is that bullying will occur (Fulker, 2010). They continued to practice the steps of Thought Field Therapy until they learned the algorithms. The students agreed to use Thought Field therapy throughout the week when they felt like fighting, scared or feeling less confident.

When the students arrived the next week they were laughing and talking with a completely different affect from the previous week when t hey where somber, sad and angry. The students reported using Thought Field Therapy throughout the week. All of them explained that they did not participate in any fights during the week. They all told experiencing of tapping when feeling scared. One student explained that she was able to concentrate on her school work and was able to pass her math test because for the first time she was able to study. But the most compelling comment came from one student who was constantly engaged in fighting and was on the verge of being expelled from school although she was the victim of bullying.

She stated, “I didn’t fight when some kids where picking on me. I just started tapping and walked away.”

Fulker, B. (2010). Help your child beat bullying and gain confidence. Birthmarks.com USA.

Olweus, D. (2001). Peer harassment: A critical analysis and some important issues. In Peer Harassment in School, ed. J. Juvonen and S. Graham. New Yor k: Guilford Publications.

Salmivalli, C. Lagerspetz, K. Björkqvist, K. Osterman, K. Kaukiainen, A. (1996) Bullying as a group process: Participant roles and their relations to social status within the group. Aggressive Behavior 22 (1-15).

2015 Foundation Projects and How You Can Help

Did you know that in 2008 we trained the first TFT practitioners in Rwanda to be able to treat and help their country men and women. Since that time we have continued to train practitioners and our Rwandan trainers have also continued to train practitioners, not only in Rwanda, but in Uganda and some of the surrounding African nations such as the Congo and Burundi.

The three PTSD studies that the foundation has completed have demonstrated that those trained in a weekend course can deliver effective TFT protocols to others. And, our documentary clearly shows this and how their lives have changed.

I believe one of most outstanding facts is the actual number of people that have been helped from this model of large scale trauma relief. Based on the reports given me from the IZERE Center, Celestin Mitabu and our team in Uganda, they have helped over 15,000 people in Rwanda and the surrounding nations, and another several thousand in Uganda.

That is nearly 20,000 people in Africa, and mostly done by Africans, trained in TFT. They have treated many kinds of problems that challenge their lives. The most common are:

Trauma	Fears from HIV, Ebola, Malaria
Anxiety	Loss of sleep
Anger	Depression
Headaches	Physical Pain
Nightmares	Phobias

By eliminating many of these problems, they have greatly improved the quality of their lives. They are now able to focus on education, their businesses, and building their future.

One of the things that makes this continued treatment and training possible is our ability to help fund their clinics, community treatment days, and outreach trainings. Our on-going support is vital to their continuation.

The Ruth Lane Charitable Foundation has generously agreed to fund the Community Treatment Days for the IZERE Center next year.

We still need to find the support for our full time and part-time therapists at the IZERE Center and for Celestin's outreach programs for training others to be able to treat in their communities and countries.

Needed:

Full-time psychologist salary:	\$4800 per year	(\$400/mo)
Part-time social worker salary	\$3600 per year	(\$300/mo)
Meeting/training updates for all therapists	\$4000 per year	(\$1000/qtr)
Outreach training programs - Kigali	\$8000 per year	(\$2000/qtr)

Tapping for Humanity

We welcome sponsorships or partial sponsorships for these projects.

You could sponsor a meeting, a therapist for a month, or a year. It is not very often when you can contribute to a foundation's work and see the beneficiary of your funds. Watch the documentary, From Trauma to Peace, and see exactly where your support is going. These are the people mentioned above. It is their lives and work you are helping.

You can contribute directly from the foundations web site. www.TFTFoundation.org or contact me at joanne@TFTFoundation.org for a specific sponsorship.

One area that is so very important is that of our youth. It is our families and our youth that frame our future. The above programs have a very strong youth program.

The UK TFT Foundation is launching a program to focus on providing relief for families, both parents and children. It will be launched in France and then expanded to other European countries.

The program is being spearheaded by our UK TFT foundation director Ngub Nding, and Alexandra Maillet, a retired teacher. They will provide a family TFT Hotline, a phone line (and/or Skype type video chat) for parents and kids to call whenever they're overwhelmed or emotionally challenged. It will target parenting emotional issues.

The current needs are:

- Funding to train a team of volunteers and donated locations
- Volunteer TFT-Adv supervisors (we have several French volunteers to help launch)
- Construction for a simple web site
- Educational conferences to promote and create awareness

As you can see on this project, the needs consist of funds, skills in web site, marketing and promotion and volunteers to support and fill on-going needs.

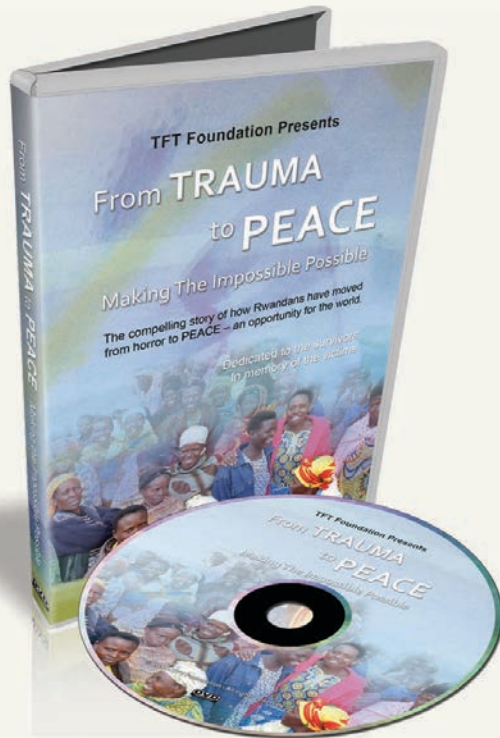
Victoria Yancey's articles about Cyber Bullying and School Bullying show just one of the many on-going traumas and fears that families face today. Violence is much more prevalent in schools now. And, as our PTSD study from 2006-2007 with the orphans in Rwanda showed, when you can treat the traumas, fears and anger of youth, they are free to focus on their studies and set their eyes on their future. We can break the cycle of violence.

The future of our youth is our future. They are our future leaders. To contribute to this project with funds, you can [click here and donate directly to the UK TFT Foundation](#). If you wish to contribute skills, volunteer time, or other needs, contact Ngub Nding, Ngub@oldturtleco.net. Remember, when you gift to the UK TFT Foundation and are a UK citizen, we receive Gift Aid as well.

Phyll and Howard Robson intend to participate in a one day conference organised by The Royal Society of Medicine about PTSD and the military, on 13th January 2015, with the hopes of introducing TFT and the on-going studies and relief work the UK TFT Foundation has completed.

As always, we need grant writers to obtain financial support for all our trauma relief projects. Over the last 5-6 years there has been nearly 20,000 helped in Africa. Wouldn't it be great to double or triple that and reach other continents and regions?

TFT Foundation Documentary



The TFT Foundation's documentary From Trauma to Peace is complete!

Watch and hear story after story told of the horrors suffered by Rwandans and the transformative healing that has taken place in their lives since learning TFT.

The Rwandans have forgiven. And, through the healing power of TFT, they have not only forgiven, they have transformed themselves from survivors to happy, productive and loving people.

The documentary shares the work the TFT Foundation has done in Rwanda since 2006. The research that has been completed, the trainings of TFT leaders, and the humanitarian relief are all compelling. The stories of each life, family and community that can now smile, laugh, love one another and be productive again will melt your hearts as it has ours. It deeply conveys the great need for trauma relief in our world.

> [Click here to purchase - Only \\$24.95 with Free Shipping](#)

TFT Foundation Publication Guidelines

We welcome article submissions:
Please submit articles via e-mail to:
info@TFTFoundation.org

1. The Publication is created, edited, proofed and produced by TFT Foundation volunteers who receive no payment for their work.
2. Schedule of Publication: January 15; April 15; July 15; October 15. All submissions must reach the editor at least 2 weeks prior to publication. Since the Publication will be an on-going, electronic one, we may accept some submissions for interim use, updating an issue already available on the web.
3. Purpose: The TFT Foundation Publication is designed to inform the public about the use of TFT to help people around the world. For example, such information can be of a humanitarian nature, professional service to others, on-going TFT research, help for animals, and work of TFT Foundations.
4. The TFT Foundation Publication will be in the form of an E-Zine and will be available on the WEB. Therefore, people from all walks of life can have access to information about TFT, the TFT Foundations, and the work of practitioners. Practitioners can use the E-Zine in their private or agency practices and disseminate the WEB address to their clients and other interested parties. Viewers have the option of downloading this E-Zine.
5. Submissions for publication should be written in Microsoft Word. Rich Text (RTF) format is acceptable when Microsoft Word is not an option. Copy should be double spaced with the name and credentials of the author at the top along with the Title. Submissions should be spell-checked before submission.
6. Do not include or embed any clipart with the article. It will be returned to you for removal of clip art.
7. No copyrighted material will be accepted.
8. If a submission is written in a language other than English, an English translation must be included so that both will be published together.
9. Podcasts and video links may be submitted. The decision to use such material will be up to the editor and/or TFT Foundation Board.
11. Photos must be digital and meet the specifications of the E-Zine Layout volunteers. Jpeg format is acceptable.
12. TFT Practitioners are encouraged to advertise in the E-Zine. Advertising guidelines and costs may be obtained from Joanne Callahan, TFT Foundation President.
13. Books, Journal Articles, and other mentions will be published. We do not do book reviews.
14. On occasion, copy may be returned to an author for suggested changes or rewriting. In most cases, material will be either accepted or rejected based on the original submission. Edited material will not be provided to an author for final approval.
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