



Companies House registration number 06121447

Registered Office:

Westerdale House,
2, School Fields,
Hinstock
Market Drayton,
Shropshire.
TF9 2RQ
UK

tel: +44(0)1952550688
r.robson2@btinternet.com
www.tftfoundation.org.uk

Annual Report and Financial statement for the year ended 28 February 2017

Directors

Dr R H Robson	Chairman
Mrs P M Robson	Treasurer and Secretary
Mrs J Callahan	Director
Mr N Nding	Director
Mr O Nding	Director

Bank - NatWest, 1 Market Place, Devizes, Wiltshire. SN10 1HR

Aims and Objectives

Aims: To help alleviate the mental suffering of those that have experienced trauma and pain, using Thought Field Therapy.



Objectives:

- To promote the use of Thought Field Therapy by the National Health Service.
- To undertake and promote research to enhance the evidence base for Thought Field Therapy.
- To support and undertake the training in Thought Field Therapy techniques of communities throughout the world, who have suffered post-traumatic stress through conflict or natural disasters, to enable communities help themselves.

Thought Field Therapy

Thought Field Therapy is a sequential tapping procedure developed by Dr Roger Callahan that can rapidly relieve most negative emotions, and relieve the pain of past traumas. Treatment is painless, can take from as little as five minutes to one hour and is not influenced by ethnicity or beliefs. It is usually long lasting, and does not conflict with any other therapies. There is an evolving strong evidence base. In addition to treating individuals, groups can be treated, and the basic skills can be taught, usually within a two-day training programme. Teaching these skills to community leaders, is an effective and efficient way, to enable traumatised resource poor communities in particular, to have the tools to treat themselves and relieve the pain of past suffering.

Strategies to achieve objectives and provide public benefit

We work in partnership with other Thought Field Therapy practitioners, with the Thought Field Therapy Foundation (based in the USA) and the Association for Comprehensive Psychology. We also work with European partners, one of our directors, Mr Ngub Nding is based in Paris.

We respond to requests for humanitarian training and support from communities worldwide suffering psychological trauma, especially as a consequence of conflict or natural disasters.



We provide training and support to NHS professionals who wish to include Thought Field Therapy as part of their health care activities and establish networks to promote the use of Thought Field Therapy within the NHS.

We develop and support research projects to further define the evidence base for Thought Field Therapy.

Review of activities for year up to February 28th 2016

Wellness retreat held at Park Place Pastoral Centre, Wickham, Hampshire in September.

Phyll and Howard gave presentations regarding the challenges and opportunities of providing Thought Field Therapy support and training, at the Association for Comprehensive Energy Psychology annual meeting in San Jose California and also contributed to a teaching session by Suzanne Connolly.

These activities will continue into the next financial year.

Research

Robson, P. & Robson, H. (2012). The Challenges and Opportunities of Introducing Thought Field Therapy (TFT) Following the Haiti Earthquake. *Energy Psychology*, 4(1), 41-45.

Robson, R. H., Robson, P., M., Ludwig, R., Mitabu, C. & Phillips, C. (2016). Effectiveness of Thought Field Therapy Provided by Newly Instructed Community Workers to a Traumatized Population in Uganda: A Randomized Trial. *Current research in Psychology* 2016, 7 (1) 1 - 11. DOI: 10.3844/crpsp.2016.1.11

Finance

There is no regular income. We rely on donations from:

- clients treated.
- training sessions
- other donations

Funds are used to support research, and training in resource poor countries.



An annual statement is submitted to Companies House in accordance with Company Law.

Audit is not currently required.

As a Charity, Thought Field Therapy Foundation UK is exempt from taxation falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these were applied to charitable objects.

Donation:

£2,135 to Celestin Mitabu to support Thought Field Therapy training and treatments in Rwanda.

Annual balance sheet attached.

Structure

The Charity is a private company limited by Guarantee, registered at Companies House, UK, registration number: 06121447. There are no shareholders nor ordinary members.

Directors attend a monthly minuted Board meeting, usually held by video link; there is no Annual General meeting. Directors are not remunerated, and do not receive expenses, unless specifically approved in advance by the Board. Applicants for Directorship are required to identify specific skills that they can bring to the Board that will benefit the Charity. There are no employees.

Risk management:

The Charity accepts no responsibility for any mishaps that might occur to any Director. All Directors are required to maintain their own professional indemnity. When working abroad, they are required to take out appropriate medical and travel insurance, consult Government websites regarding Health and Safety issues, and follow the guidance of Thought Field Therapy Foundation regarding missions abroad.

Chairman: Dr Howard Robson

Secretary and Treasurer: Mrs Phyll Robson

