

# TAPPING FOR HUMANITY

Winter Issue, 2012

Humanitarian Work With  
Thought Field Therapy...  
"Changing the World  
One Thought at a Time"

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## TFT Foundation 2011 Year In Review and Projects and Dreams for 2012

By Joanne Callahan, MBA, President, TFT Foundation

I am pleased to report the TFT Foundation has accomplished much this last year. We successfully met the goals in our mission statement: *to further research, education and general charitable purposes related to Thought Field Therapy®.*

I want to thank all of you who have helped us share the healing power of TFT over this last year. Together we have accomplished much and helped many with the gift of TFT. See the articles in this issue for details of our projects and expansion of TFT.

Our Trauma Relief Committee, chaired by Suzanne Connolly, has been hard at work revising and improving our deployment manual as well as reaching out to many first responder, EAP and military contacts.

Our Research Committee, chaired by Jenny Edwards, has several research projects in the works, and has provided much needed support and direction for the TRC and our PTSD studies, and continues to provide support to those needing or doing TFT research. Committee member Bob Pasahow has also served on the ACEP research committee and is now on the ACEP board, to assist in coordinating our TFT community needs with ACEP.

This amazing and varied list of projects and accomplishments was done on a shoestring budget of just slightly over \$50,000 and many long hours of dedication and service from our board and volunteers. Caroline Sakai and many from the Honolulu pro-bono clinics and native Hawaiian organizations provided support to our Rwandan leaders during their training in Hawaii. We thank all for their dedication and support.

Thank you all for your support and help this last year. With your help, we accomplished much, helping those in need, training new trainers and leaders, completing research and increasing TFT education and awareness.

*(continues....)*



Fr. JMV, Roger Callahan, Deacon Augustin, Joanne Callahan

# Tapping for Humanity

## Below is a brief summary of our projects in 2011

### Accomplishments in 2011:

- On-going TFT support for Henderson House – Homeless Female Veterans – (*see article by Bruce Paton*)
- Contracting with 2 Emmy Award Winning Documentarians for Documentary of foundation's model for large scale trauma relief – see their Emmy Award winning documentary “*Bhutan*”
- Rwandan Trainers training – (*see article by Suzanne Connolly*)
- Filming with Rwandan trainers for documentary
- Oct. 1, 2011 ATFT/ACEP Merger created the separation of ATFT/ATFT foundation – the latter becoming a separate entity – the new name is now “**TFT Foundation**”
- ATFT UPdate magazine is now the official publication of the TFT Foundation and has been renamed to “*Tapping For Humanity*”.
- Rwandans training and providing services for others (*see article by Joanne Callahan “Coming Full Circle”*)
- Funded 6 months of Adrienne NAHAYO's salary at IZERE• Built web site for IZERE Center, [www.IZEREbyumba.com](http://www.IZEREbyumba.com)
- 2008 PTSD Study accepted for publication – to be published early 2012
- Timeshares for Vets / Freedom R & R's program – continues to place veterans in donated timeshares along with free trauma relief materials and support

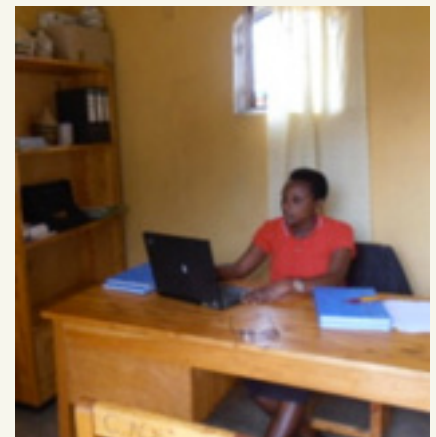
## Dreams, Plans and Goals for 2012

### Completion of documentary

- Trailer for documentary
- Distribution – Submission to PBS

**On-going support for IZERE Center** – allowing them to continue their ability to offer treatment to thousands and train neighboring leaders in Africa

- Funds for part-time therapists and last half of year for Adrienne in IZERE Center office
- Administrative costs, and materials for training others (*see article TFT Healing Comes Full Circle*) – Full-time psychologist, Adrienne NAHAYO –



Full-time psychologist,  
Adrienne NAHAYO

# Tapping for Humanity

(continues...)

**Grant proposals for research and humanitarian relief** – we need an experienced volunteer to help with finding and writing appropriate grants.

**Uganda trauma relief mission** - Joint project with TFT Foundation UK/Mats Uldal Humanitarian Foundation in Norway

- PTSD study
- Malaria study
- Algorithm and Diagnostic level trainings

**On-going TFT support for Henderson House**- currently helping 10 female U.S. military veterans and 2 children.

As you can see our budget for next year will be considerably more. Our projects and needs are greater each year. Please consider helping us expand our reach with any of these projects. The world has such a great need for trauma relief. We can make a measurable and sustainable difference.

Below I have listed our support needs for this year.

## Support Needed for 2012:

- Balance of funds to complete documentary – \$12,500
- Documentary distribution – \$30,000
- Celebrity endorsements – **Does anyone know a celebrity that supports trauma relief?**
- Uganda Research and Trauma Relief Mission - funding – \$50,000
- Travel and airline miles for Uganda team
- PTSD Study – this will be the all-important third of our PTSD studies
- Malaria Study

### IZERE Center Funding

- Grant for on-going operational costs for the year
- Therapists funds - \$3600 for Adrienne and \$1800 for part-time therapists

**TFT Trauma Relief blog translations and posts** – *see article by Mary Cowley*

It is truly a blessing to see and hear about these hard working young leaders sharing and expanding the healing of TFT in Africa. They will be joining us in Uganda this year to support the Uganda team and to increase their training skills.

The TFT Foundation, the IZERE Center and our trainer at the Rwandan Orphan Project need your help to continue this wonderful healing and teaching process. We plan to establish the same program in Uganda. Please go to: [www.TFTFoundation.org](http://www.TFTFoundation.org) to donate to the furthering of this model of large scale trauma relief, to [www.IZEREByumba.com](http://www.IZEREByumba.com) to help the IZERE CENTER support their TFT treatment programs, and to [www.RwandanOrphansProject.org](http://www.RwandanOrphansProject.org) to help with their work in the community in TFT training and treatment.

If you can offer other forms of support such as celebrity contacts, airline miles, or wish to volunteer, please contact me, [Joanne@TFTFoundation.org](mailto:Joanne@TFTFoundation.org)

## TFT Healing Comes Full Circle – Our Dreams Become a Reality

*By Joanne Callahan*

In 2006 and 2007 when the ATFT Foundation first began its missions to help provide trauma relief for the genocide survivors in Rwanda, we had no idea how great an impact TFT could have on this beautiful country. Our first team treated nearly 400 orphans at the El Shaddai orphanage with wonderful results.

The (2006-2007 PTSD study was published in the Winter Issue 2010 International Journal of Emergency Mental Health). While working at El Shaddai orphanage two members of our team, Dottie Webster and Suzanne Connolly, assisted in setting up a quilting project for the orphans to have a source of income after their traumas were healed. These young boys could then become productive members of the community. This project has taken on a life of its own and the orphans are producing beautiful quilts. I was lucky enough to purchase one from Celestin when in Hawaii.

When our team went back in 2008 and 2009, they began to train the local community leaders to be able to use TFT to help their own countrymen and women. Much healing occurred and many were trained in TFT.

The PTSD studies that were done with the community leaders also had excellent results. The 2008 study was accepted for publication and the 2009 study will be submitted soon. These studies and the subsequent follow-up validated our model for large - scale trauma relief developed Suzanne Connolly. Entire communities are changing, from sad, hopeless people, to productive and hopeful communities.

Our desire to be able to expand this healing led to the TFT Foundation bringing four of our Rwandan leaders to Hawaii to be trained to become TFT trainers back home in Rwanda. Our hope was that they would be able to help many more people and it would spread to surrounding communities and even surrounding African countries. This model for large - scale trauma relief succeeded both in the studies and in the follow up and real life experience for the Rwandan people. Now it is time to expand and share it with others.

During the month of September 2011, the TFT Foundation brought four of the Rwandan leaders, two from Byumba, Rwanda, Fr. Jean Marie Vianney and Deacon Augustin Nzabonimana, and two from Kigali, Rwanda, Pastor Celestin Mitabu and Prosper Ishimwi, to Hawaii. They spent the entire month teaching TFT and supervising staff at pro-bono Hawaiian clinics, treating underprivileged local people and perfecting



Roger at Hale Na'au Pono. Left to Right: Carole, Ho'oipo DeCambra, Roger Callahan, Jacquirie, Po'ka, with a beautiful quilt made by the Rwandan Orphans as a back drop.

# Tapping for Humanity

their own skills. Dr. Caroline Sakai organized the Hawaiian clinics and events. Both the Hawaiian people and the Rwandans were richly rewarded.

**And now, just three short months later, we are already seeing the dream of sharing TFT come full circle.**

Our Rwandans from Byumba have already been asked to train a team in the Congo. They have met with and provided support for 60 of the TFT trained therapists in their region and shared their Hawaiian experience with them. With the help of the TFT Foundation, their sister Rwandan charitable organization, the IZERE Center, is treating up to 35 people per day and has already helped nearly 2000 people this year. They will be joining us in Uganda in 2012 for further training and to support the development of the same model in Uganda.



In his own words, Deacon Augustin, shares their feelings, *“Concerning our meeting, It was very wonderful and every TFT therapist was very happy. Everyone had a time to express himself about how she/he is using TFT and how it is helping people. We had many experiences and testimonies. Many people have been treated and healed. One Therapist gave us the experiences that he had in Prison. There he helped many people and he formed a team which is now very active.”*

One of the Rwandan leaders and trainer from Kigali, Pastor Celestin MITABU, is the Director of the Rwandan Orphan Project (new name for El Shaddai Orphanage), and he is also expanding the reach of TFT. We just heard from him that he is training 8 Counselors and Social Workers to help the disabled and retired military. He will then supervise and assist them as they treat nearly 80 wheelchair bound ex-military.



It is truly a blessing to see and hear about these hard working young leaders sharing and expanding the healing of TFT in Africa.

Our model for large-scale trauma relief is a successful and growing reality. The TFT Foundation, the IZERE Center and the Rwandan Orphan Project need your help to continue this wonderful healing and teaching process.

Go to [www.TFTFoundation.org](http://www.TFTFoundation.org) to donate to the furthering of this model of trauma relief, or to [www.IZEREByumba.com](http://www.IZEREByumba.com) to help the IZERE Center support their TFT treatment and training programs.

You can also visit [www.RwandanOrphansProject.org](http://www.RwandanOrphansProject.org) to help with their work in the community in TFT training and treatment.

# Tapping for Humanity

## TAPPING FOR PEACE... ONE HEART AT A TIME



**H**ave you visited the TFT Foundation's TFT trauma relief blog lately? As the "about" page says, "Using TFT to relieve the effects of trauma can open people to peace, compassion and community. It is the intention of the TFT Foundation--and this blog--to make trauma relief available on a global scale!"

Looks like it's working--as of Jan. 6, we've had **over 42,000 views!** Searchers come from all over the world to learn about the most powerful technique available to relieve the suffering from trauma.

Visitors can actually try it for themselves—or others—as the blog includes instructions for the complex trauma algorithm with guilt and anger. So far we have written instructions in 10 different languages: Chinese, English, French, German, Hebrew, Italian, Japanese, Russian, Sign Language, and Spanish. Instructions in Arabic are given in video format, as are Chinese, English, Japanese, and Sign Language.

**We'd love to include more languages!** If any of you can help us with translations, either in written or video format, please let me know. Imagine the thousands of people for whom you could be opening the door to profound healing!

Visitors also can read posts about how TFT has relieved the effects of various traumas. Nothing describes the impact of TFT better than these personal, heartfelt stories. We have 87 stories so far and are always looking for more. It's important to continually add posts to a blog—and the more ways we can show how TFT has healed trauma, the more impact we can have.

Please consider sending me stories of how TFT has relieved your own traumas...or the traumas of others with whom you've used TFT. I will then post them to the blog so that everyone can benefit from them. It's a powerful way to spread TFT—and create peace--in the world.

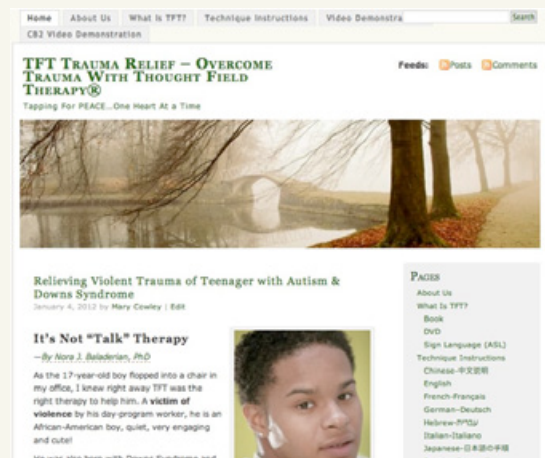
**It's also an effective marketing tool!** It gets your name out there in a powerful way. We recently began adding hyperlinks from authors' names to their websites—an added marketing benefit. This means that when someone reads a post that's been written by or about a TFT practitioner and they click on the practitioner's name, they will be taken directly to his or her website. You can either send me your TFT trauma relief stories and I'll post them—or if you're registered with Wordpress, you can submit them directly yourself.

I haven't been able to locate website addresses for every practitioner mentioned in the blog. [Please visit the blog](#) and put your name in the search engine to see if you have a story included. Then let me know what your website address is if you'd like us to link to it and haven't done so already.

Another great way to get the blog and its benefits out in the world is to place a link to it on your websites and social networking pages like Facebook.

The more the blog gets out there—the more TFT practitioners get out there--the more suffering is relieved and people's lives renewed.

**TOGETHER—we are tapping for peace, one heart at a time!**



Mary L. Cowley, PhD, TFT-VT  
Secretary-Treasurer, TFT Foundation  
[drmaryl@thecel.com](mailto:drmaryl@thecel.com)  
<http://tfttraumarelieff.wordpress.com>



## ATFTF (UK) Ltd Report October 2011

*Howard Robson  
Chairman*

### **Association for Thought Field Therapy Foundation (UK) Ltd**

After many years of service, Ildiko Scurr resigned as a Director and was replaced by Joan Draper, a qualified Midwifery Tutor, who is currently working in the National Health Service as a Smoking Cessation Counsellor. Joan has provided numerous contacts within the National Health Service who are keen to learn more about TFT into their working practise. Recently, we provided an introductory training day for a group of staff in Lancashire. A similar programme is being organised for a community group in Birmingham, including nuns with a teaching commitment, with an aspiration of introducing TFT to the local community.



We are delighted with our new website, please take a look at [www.atftfoundation.org.uk](http://www.atftfoundation.org.uk) If you have a TFT training or event taking place, please contact me or Phyll: [r.robson2@btinternet.com](mailto:r.robson2@btinternet.com) for placement on the events calendar. We wish to place on record our gratitude to Anna and David Coulling for hosting the site for us. Thanks also to Dwain Jeworski, for providing such excellent development and continuing technical support.

Father Peter in Uganda is eagerly awaiting our return as part of an international team that includes practitioners from the USA, Norway and Rwanda. This will be a joint effort with our USA and UK foundations.

Our arrival date has been deferred until June to enable us to attend the 2012 ACEP Conference in San Diego. This delay will enable the research instruments to be prepared by the Trauma Relief Committee led by Suzanne Connolly, and the Research Committee led by Jenny Edwards and joined by Bob Pasahow. These instruments must be submitted in order to do further research in Uganda.

Judith Carhart, whom we supported in her very successful efforts to introduce TFT into a Mental Health Crisis Team, has now obtained her degree. Congratulations!

In 2012, we will be offering approved TFT Algorithm Level trainings as part of the ATFT UK Foundation's commitment to education of TFT.

We are grateful to Joanne Callahan for providing support and introductions, and look forward to seeing the work of the Foundation flourish.

Click Below To Visit Our Site!



## Combined Treatment For Elderly Patients

Katherine Bragin, LCSW, TFT-Dx

Stress Relief and Memory Training Center

Brooklyn, NY

[www.alzheimers-treatment-today.com](http://www.alzheimers-treatment-today.com)

We are probably the only ones in our society who work primarily with an elderly, medically ill population who experience different stages of dementia and depression. Many of our clients have traumatic experiences as well.

Developed over the past 15 years at the Stress Relief and Memory Training Center in Brooklyn, New York, the Bragin Brain Activation Program™ (B-BAPT™) is described in two books by Dr. Valentin Bragin: *How to Activate Your Brain* and *Conquering Depression in the Golden Years*.

Every intervention in the program has been carefully selected and has received positive responses from our patients and their caregivers. Over the years we became more and more involved in using TFT. We went to different trainings but we were not able to use everything we learned.

**First, our intervention has to be short** – we work with a low-income population on Medicare and Medicaid. There is no time for us to do TFT diagnostics. The use of established algorithm protocols, however gave us great successes.

**Second, we have to take into consideration the fact that our patients take a lot of medications and therefore they have a lot of toxicity in their bodies.** Also, their comprehension and understanding of directions is not always great.

**Third, dementia has a negative impact** on the patient's comprehension of SUDs (*Subjective Units Of Distress measures*) and with the overall idea of TFT.

In the last 17 years we have worked with Russian speaking elderly people. They have many emotional and physical problems. When we “discovered” EFT and then TFT – it was a Godsend to both us and to them. Over the years my husband and I have become more and more involved in using Thought Field Therapy.

We developed a combined treatment method for our patients. In the beginning we use tapping. In most cases, we use the Callahan Technique, complex trauma algorithm. Sometimes the patient has difficulty understanding the concept of SUDs, even when we use a “children's approach.” In these cases we just judge the progress of therapy by the facial expressions and body posture. Sometimes we hear them say “you destructed me”. When the patient gets better emotionally, we begin using hand exercises to improve brain blood flow and to improve comprehension and emotional stability. Many of the patients see me as being the age of their own children and they develop a trust quickly.

**I want to give you examples of two recent therapy sessions I did...**





# Tapping for Humanity

**Patient S. is an elderly widowed woman**, a retired teacher of Russian history, whose whole career was filled with stresses. Imagine trying to teach Russian history that was always being re-written, depending on the situation in the USSR, and on who was “an enemy of the state” at the time!



She learned TFT one year ago, after she started thinking she was seeing her late husband in different places where they used to go together. Following the TFT treatments, she felt better and was even able to go to Veteran Association meetings and parties without “seeing” him anymore.

At the last session she reported that there had been a theft in her building; the exterminator allegedly stole jewelry from her next-door neighbor. She said she became scared, because the exterminator had been in her apartment prior to being in her neighbor’s apartment, but she did not lose anything.

She told me that she was doing tapping and then continuing with her hand exercises. She stated that tapping helped her to stop being scared and the exercises relaxed and calmed her. This combined approach allowed this woman to counter her fears and remain connected to what we would call “reality.”

In short, we think that this combined treatment approach is very useful for elderly with blood-brain flow problems.

Case 2. Mr. V. is in his late sixties and had been coming to our center for a while.

He was a driver of a bus to a New Jersey resort. There was a crash, a few people got killed, many more were injured. He suffered a head injury himself. He is now better physically but has Post Traumatic Stress and a terrible sense of guilt. His primary physician referred him to us.

Mr. V. walked like he had all the guilt and pain of the world on his shoulders. For a long time he did not want to get involved in treatment with me, but at some point, I saw him in a waiting room, and asked him to come to my office. He said, “Well, let’s try it, what do I have to lose?”

He was able to name his feelings as guilt, grief and emotional trauma. Despite the mild level of cognitive impairment, he understood the idea of a scale and gave me an 8. We tapped for trauma with guilt and grief protocol, followed by collarbone breathing. In four rounds of treatment he dropped to a 0.

Then he smiled! That was the first time I saw him smiling. He looked so much younger.

*“I am sorry, I was such a fool,” he said. “I should have come much sooner. Thank you.”*

He went to get his prescriptions from the doctor and the secretary called me on the intercom: What did you do? I never saw him smiling like that.

**Once more I saw the power of TFT.**

*Note: An example of the exercises we have developed can be found on YouTube, drbagin channel.*

## Thought Field Therapy Serving Our Women Vets!

Bruce Paton, PhD

TFT Foundation Board, TFT-Adv

**C**an you imagine the plight of a homeless woman military veteran, with two or three mouths to feed, and no employment? Well, the Albuquerque, N.M. YWCA is not only in touch with this need but is meeting it head on!

Working with the local Veterans Administration and coupling a major grant with the donation of a five-bedroom home, the YWCA has created a safe haven for homeless women vets, where they can be fed, housed, counseled, job-trained, etc. Each veteran is invited to live in the home for up to two years, with a view toward returning to society as a capable, empowered, self-sufficient community contributor!

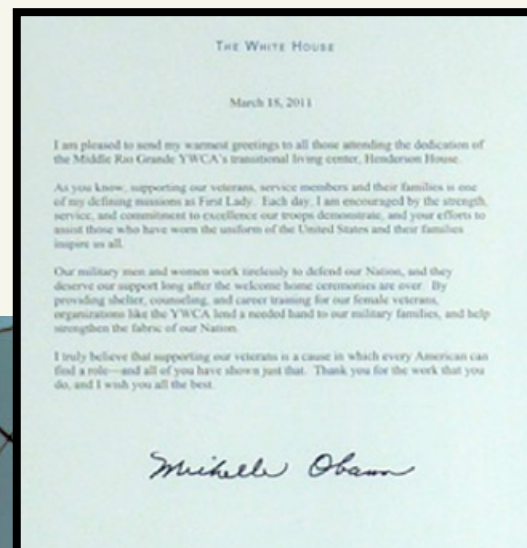
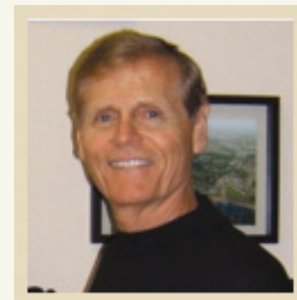
The home is staffed 24-7 by part-time YWCA employees who report to a full-time program manager who works Monday through Friday on location. A full-time case manager coordinates the training, the activities, and the counseling for each vet as well. Currently there are four vets and two children residing in what has become known as “Henderson House,” named after the philanthropist who donated the home. The first woman veteran moved in on May 12, 2011. Ultimately, 10 vets and up to 3 children will be accommodated. (*January 2012 - it is now full.*)

A local businesswoman, Mary Lou Dobbs, and TFT Foundation Board Member, connected her friends from Texas, Bruce Paton, Ph.D. and Dariah Morgan, Ph.D. (both trained at the TFT Advanced level) with the CEO of the YWCA. They now provide TFT counseling for the veterans and the staff. In addition, Bruce and Dariah have done some team-building and strategic planning with the staff, including the CEO. Bruce and Dariah make on-site visits about every two months, and they’ve established a Skype connection and counsel each vet at least once a month visually over the internet.

Dariah said, “Any new organization will normally go through four stages of development. These are ‘forming, storming, norming and performing.’ The trick is to get through the storming phase so that the norming and performing take place.” “We have had some shake-out with both staff and vets as we move through this second phase,” Bruce said. “The children are a recent addition and it will be interesting to see the impact of our new little residents, ages 8 and 3”.

This is a one-of-a-kind pilot project, and has the support of First Lady Michelle Obama, who had planned to attend the grand opening, but had to cancel at the last minute. *We are hoping to replicate this model across the country when we have it successfully operating.*

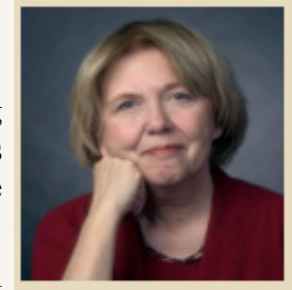
**This is our vision.** We owe our vets no less than our full support as they return from their service, and it is hoped that the Henderson House will play a significant role in fulfilling this important societal obligation!” Bruce added.



## TFT Foundation Hawaii- Rwanda Training a Success

*Suzanne Connolly, LCSW, LMFT, LISAC*

*TFT Foundation Trauma Relief Committee Chair*



Imagine a group of newly trained Thought Field Therapy therapists working with adults from vulnerable populations. Now picture these same therapists working with their own clients, people whom they know well. Only this time they're using a new tool with their clients, Thought Field Therapy.

The therapists are slightly unsure of themselves as they begin using this new tool with their clients. We find them treating their clients at the Salvation Army Homeless Shelter, or perhaps they are treating their clients at a Salvation Army Center that houses pregnant women and young mothers who need shelter. Some of the newly trained therapists are working with native Islanders and some are people in recovery. Yes, this is happening on the beautiful island of Oahu in Hawaii.

We expand the picture and see these new therapists are not alone. They each have one of four, experienced TFT therapists at their side to guide them and to coach them as they use their newly acquired skills. But where did these four experienced, highly skilled TFT therapists come from? The answer is Rwanda, Africa, where they have been using TFT to help their own people overcome emotional turmoil caused by genocide in the past.

The scene just described was repeated on eight separate days at four separate locations during the September, 2011 TFT Foundation Trauma Relief Deployment to Hawaii. The Hawaiian TFT Foundation deployment followed five previous TFT Foundation trauma relief deployments in Rwanda. This deployment, conceived by Dr. Caroline Sakai, during our fifth Rwandan deployment, not only delivered Thought Field Therapy to groups needing help in Hawaii but just as importantly, it gave the four Rwandan TFT therapists the confidence and supervisory skill to teach Thought Field Therapy to other community leaders in Rwanda, and indeed throughout all of Africa.

Four Rwandan men were chosen because of their ability to speak English and their highly developed TFT Skills. Each person brought a special quality to the project.

Father Jean Marie Vianney Dushimiyimana, is the pastor of the Nyinawimana Catholic parish, in the Northern District of Rwanda. It is a land of terraced hills in a region where the weather is cool, and the people make a life by growing their own food and living a very simple life of day to day subsistence farming.

Father JMV, as he is known, has been of most help to us by organizing the Rwandan end of our last two TFT Foundation sponsored trauma relief deployments. He also organized the newly formed Rwandan TFT Foundation. His former assistant, Deacon Augustin Nzabonimana, is also a great promoter of TFT and a superb organizer.



# Tapping for Humanity

The last two TFT Foundation deployments to Rwanda would not have gone as smoothly as they have gone, if it had not been for Deacon Augustin's diligence and hard work. In addition, Pastor Celestin Mitabu is a Protestant minister who has helped so much with the research that involved the Woman's' Foundation Ministry in 2008 and the research follow-up in 2010. He directed a "Center for Street Children" in Kigali, capital of Rwanda. He changed the program from an ill – run, unsafe warehouse, which served as a refuge for street children, to an award winning Center that is now serving as a model for other centers in Africa. We count him as one of the TFT Foundation's most loyal friends.



The fourth Rwandan, Prosper Ishimwe recently graduated from the university with a degree in education and business. He is fluent in five languages and, when not helping our Foundation, he serves as an interpreter for the United States Peace Corps.

Rwanda deployment veterans Gary and Cyndie Quinn of Hawaii, and many other friendly helpers in Hawaii, assisted Dr. Caroline Sakai. They helped her as she planned and provided the TFT Foundation sponsored, pro-bono, TFT algorithm training, and an TFT Foundation sponsored, pro-bono, Diagnostic Training prior to the clinics where clients were treated. All clients were treated free of charge.

These trainings also served as a review for the four Rwandan Therapists, who were flown to Hawaii by generous donations of air miles by TFT Foundation Board member Jenny Edwards and others, and TFT Foundation donated funds

During the pro-bono trainings, the four Rwandans assisted in the training of the Hawaiian therapists who worked with the Salvation Army Shelter for the homeless, Salvation Army Family Treatment Program, Changing Hands, and the Hale Na'au Pono Group. The Rwandans supervised the Hawaiian therapists as the Hawaiian therapists treated their clients. They used the model that the TFT Foundation Trauma Relief Team previously used in Rwanda.

I joined the deployment for the last two weeks and observed first- hand how welcome the Rwandans were made to feel. Dr. Caroline Sakai, and Joanne Callahan did a masterful job in planning the deployment and raising money and air miles to finance the event. Roger and Joanne Callahan were in Hawaii for the last week of the deployment and were able to attend the closing ceremony. Dr. Roger Callahan received an award from the Hawaiian group and an award from the four Rwandans. It was a joy for all to witness how different groups of people working together can accomplish amazing things.

Hats off to the Hawaiian team and all of you who contributed



# Tapping for Humanity



to this TFT Foundation Trauma Relief deployment.

Your contributions of money and airline miles, best wishes and/or prayers, and especially the contributions of the four bright and competent Rwandan men have helped so many in Hawaii to benefit from TFT. Together you have made a big difference in the life of Hawaiian residents.

From what I witnessed, the Hawaiians will always live in the hearts of the Rwandans and the Rwandans will always live in the hearts of the Hawaiians whose lives they touched.

You will all be happy to know that, thanks to your donations and support, all four of these men will be teaching other community leaders in Rwanda and perhaps other places in Africa about TFT.

As Chair of the TFT Foundation Trauma Relief Committee, I have already received requests from other areas of Rwanda and from the Democratic Republic of the Congo, for TFT algorithm trainings, and there are plans being made by the Rwandan therapists to eventually be able to respond to these great needs.

**Donations to support the Rwandan TFT Foundation are most needed and welcome.**



## TFT Foundation Publication Guidelines

By Herb Ayers, Volunteer Editor

**We welcome article submissions:** Please submit articles to Herb Ayers, via e-mail to: [info@TFTFoundation.org](mailto:info@TFTFoundation.org)

1. The Publication is created, edited, proofed and produced by TFT Foundation volunteers who receive no payment for their work.
2. Schedule of Publication: January 15; April 15; July 15; October 15. All submissions must reach the editor at least 4 weeks prior to publication. Since the Publication will be an on-going, electronic one, we may accept some submissions for interim use, updating an issue already available on the web.
3. Purpose: The TFT Foundation Publication is designed to inform the public about the use of TFT to help people around the world. For example, such information can be of a humanitarian nature, professional service to others, on-going TFT research, help for animals, and work of TFT Foundations.
4. The TFT Foundation Publication will be in the form of an E-Zine and will be available on the WEB. Therefore, people from all walks of life can have access to information about TFT, the TFT Foundations, and the work of practitioners. Practitioners can use the E-Zine in their private or agency practices and disseminate the WEB address to their clients and other interested parties. Viewers have the option of downloading this E-Zine.
5. Submissions for publication should be written in Microsoft Word. Rich Text (RTF) format is acceptable when Microsoft Word is not an option. Copy should be double spaced with the name and credentials of the author at the top along with the Title. Submissions should be spell-checked before submission.
6. Do not include or embed any clipart with the article. It will be returned to you for removal of clip art.
7. No copyrighted material will be accepted.
8. If a submission is written in a language other than English, an English translation must be included so that both will be published together.
9. Podcasts and video links may be submitted. The decision to use such material will be up to the editor and/or TFT Foundation Board.
11. Photos must be digital and meet the specifications of the E-Zine Layout volunteers. Jpeg format is acceptable.
12. TFT Practitioners are encouraged to advertise in the E-Zine. Advertising guidelines and costs may be obtained from Joanne Callahan, TFT Foundation President.
13. Books, Journal Articles, and other mentions will be published. We do not do book reviews.
14. On occasion, copy may be returned to an author for suggested changes or rewriting. In most cases, material will be either accepted or rejected based on the original submission. Edited material will not be provided to an author for final approval.
15. Stock photos will be used to dramatize or enhance an article but no photos of clients or information pertaining to a client by name will be published without their expressed and signed release on an official TFT Foundation Release Form. Every effort shall be made to protect the privacy of an author's client.